

## Bio – Catherine Jo Morgan



Contemporary American "energy artist" Catherine Jo Morgan makes art to offer psychic energy – that energy of full, vibrant aliveness. She makes iron and mixed media sculptures that center on vessel forms, saying that vessels are ideal for holding and releasing energy. Her current "Energy Transformer" sculptures bring paper and iron into harmony, using copper mesh as a kind of mediator. The copper mesh adds a warm glow to balance the painted paper and iron. Gemstone crystal spheres seem to gather and transform energy. Bright metal, glass, and swarovski crystal beads enhance each piece.

The daughter of a science-oriented, careful mother and a fun-loving artist father, Morgan grew up in the grid-patterned Midwest. Her current work shows a fascination with the tension between grids and the curves of her current home in the foothills of northeast Georgia. She curves the grid patterned copper mesh to form translucent vessel forms. The sculptures harmonize straight angled lines with curves and loops.

The same kind of harmony between straight and curved lines is found in the trees that inspire Morgan's work. Trees have fascinated her all her life. The trees in the woods around her north Georgia studio are the same kinds of trees she loved in her childhood home in Illinois. It's primarily these trees that link her with the energies of wild nature. This is the energy of full aliveness that inspires her work.

A full time studio artist now, Morgan was educated as a social psychologist. She built an early career as a facilitator of personal growth and conflict resolution, leading workshops in Atlanta and the southeast. Her focus as an artist remains on facilitating personal growth. "Peak experiences are transitory, but art can embody energy so it's stays available."